

EASY STEPS TO MANAGE YOUR CONDITION

Are you due to **check in** with your GP?



Don't delay. **Call** your GP practice.



Ask for a Telehealth appointment.



Benefits of using Telehealth



Telehealth supports you to keep up with your regular medical appointments.



Get your prescriptions without having to go in the GP practice.



If needed, your GP will schedule a face to face appointment with you.



Keeps you out of waiting rooms.



Convenient health care on your schedule and from the safety of your home.

